

Eat Well 2010 Calendar

Order Form



Example from calendar (February)

Eat Well Tasmania invites you to order the Eat Well 2010 Calendar at the low price of \$10.00 a copy, including postage.

This colourful A3 size calendar has been developed through the 2009 Fruit & Veg Month Calendar Competition and showcases artwork from school children throughout Tasmania (see reverse for details). It also includes a 'What's in season' each month to help with selecting fresh, local fruit and vegetables, cooking with kids recipes and helpful hints for aiming for 2 serves of fruit and 5 serves of vegetables each day.

Don't miss out on ordering for Christmas! Send back the order form below by Thursday 17th December 2009 to ensure delivery.

Please return to:
 Eat Well Tasmania, GPO Box 1365 Hobart TAS 7001
 or
 Fax: (03) 6223 1244

Name:

Organisation (if applicable):

Mailing Address:

..... State: Postcode:

Telephone:..... Email:

Eat Well Tasmania

TAX INVOICE

ABN: 19 568 350 564

Item	Copies required @\$10.00 each (inc. Postage):	Total (inc. GST)	I am interested in becoming an EWT member Yes / No (see reverse for details)
2010 Eat Well Calendar			

Payment options: A – I have enclosed a cheque or money order for payment – circle if applicable

B – I have deposited payment electronically into the – circle if applicable following account:

Eat Well Tasmania Inc

BSB: 037001

Acc: 473204

(When depositing payment please include your full name as a reference)

Eat Well Tasmania

Post: GPO Box 1365 Hobart TAS 7001 Ph: (03) 6223 1266 Fax: (03) 6223 1244

Email: eat@eatwelltas.org.au Web: www.eatwelltas.org.au

About the Eat Well 2010 Calendar

In August 2009 as part of Fruit & Veg Month, Eat Well Tasmania gave Tasmanian schools the opportunity to enter a Calendar Competition. The criteria for entry was that students needed to send in artwork depicting either their favourite fruit or vegetable, the Go for 2 & 5 messages, or Fruit & Veg Month in general. Those selected were chosen for their combination of image along with the relevance of their statement to the message that eating fresh fruit and vegetables on a daily basis is beneficial for good health.

Eat Well Tasmania would like to thank all the schools across Tasmania that contributed entries in the 2009 Fruit and Veg Month Calendar Competition. We are delighted to acknowledge those students featured in the calendar:

School	Students
<u>Acton Primary School:</u>	Ethan Robb and Emma Streets
<u>Distance Education Tasmania:</u>	Gracie-mae Evans and Samuel Evans
<u>Mt. Stuart Primary School:</u>	Chelsea Crick and Jonah Thiessen
<u>Rokeby Primary School :</u>	Tahlia Bashlin, Selina Clark, Nick Dillon Stephen Smith and Tyson Smith
<u>St. Brigid's School:</u>	Mikaela Claridge, Danah Collins, William Wise, Austin Roberts, Brittany Walker, Gabriel Arnold
<u>St. Mary's College:</u>	Stephanie Kirkwood
<u>Taroona Primary School:</u>	William Baily, Jarrah Day, Trevor Derbyshire, Rupert Gill-Sprague, James Hill, Catherine Krueger and Lily Price
<u>Trevallyn Primary School :</u>	Jed Sutherland

Becoming an Eat Well Tasmania Member

Eat Well Tasmania is a state-wide program that provides support and assistance for activities or projects that promote enjoyable healthy eating. Eat Well supports individuals as well as groups, businesses, and community organisations through the provision of resources, referral, advice, and guidance.

Become a member of Eat Well Tasmania and you will receive regular email newsletters with updates on health and nutrition, copies of the Eating Matters newsletter which is distributed quarterly, and take advantage of workshops, seminars, and hire of the Eat Well character costumes.

For more information contact:

Eat Well Tasmania

Ph: (03) 6223 1266

Email: eat@eatwelltas.org.au

Or visit the website at
www.eatwelltas.org.au

