

# Family Food Educator Activity Request Form

<b><u>Contact Details</u></b>	Name of group/organisation	Contact person
	Address	Phone number
<b><u>Proposed date and time</u></b>		
<b><u>Nutrition Issue</u></b>	(what topic would you like covered?)	
	<input type="checkbox"/> <i>Introducing Solids</i> (30 min talk aimed at mums with very young children ) <input type="checkbox"/> <i>Family Feud/Food</i> (1 hour talk and video about eating behaviour of young children) <input type="checkbox"/> <i>What's a Healthy Diet for Kids Anyway?</i> (a look at children's nutritional requirements, what foods and how much) <input type="checkbox"/> <i>Cool Food for Kids</i> (getting kids involved, healthy take-aways,) <input type="checkbox"/> <i>What's in my lunchbox?</i> (ideas and demonstrations for healthy lunchboxes) <input type="checkbox"/> <i>Mum, I'm hungry</i> (great snack ideas and cooking demonstration) <input type="checkbox"/> <i>other</i>	
<b><u>Participant details</u></b>	Group details (who are the audience?)	
	Numbers expected	
	Is childcare provided or needed?	
	Any special requirements?	
<b><u>Venue</u></b>	Type of venue	
	Directions/address	
	Facilities for cooking, tea or coffee making	
	Refreshments, Will they be healthy? Who is providing?	

**Admin Use Only:**

Family Food Educators contacted		
Who is doing it?		