



Eat Well Tasmanian Kids Coalition presents



Conference 2008

Interested in improving the health and wellbeing of Tasmanian children?
Then you'll be interested in this conference.

Eat Well Tasmanian Kids Coalition invites you to attend the Growing Our Futures Conference. Join us at the Tram Sheds in Launceston for an opportunity to: -

- showcase initiatives that encourage healthy eating and physical activity for children
- network with other members of the broader nutrition and physical activity community
- share stories, learnings and experiences
- develop skills to enhance and broaden current practice

Friday 16th May 9am - 5pm

Guest Speaker Dr Colin Bell

Dr Bell will discuss the importance of physical activity and healthy eating in the prevention of obesity

**Local presentations
Workshops**

Saturday 17th May 9am - 2pm

Guest Speaker Dr Jim Cavaye

Dr Cavaye will discuss the value of developing networks and engaging others in community action

**Local presentations
Group discussions**

Hear about what's happening around Tasmania. Local presentations include Family Food Patch, Scottsdale Schools at Work, School Canteen Association, Get Moving Tasmania, Food at Sporting Events, On-line Advocacy and more...

Friday night might be a great opportunity to network and sample some of Launceston's great food. A list of suggested local cafes and restaurants will be provided.

When: 16 & 17 May 2008

Where: Launceston Tram Sheds

Please complete and return the Registration Form

Register by Friday 2nd May

(\$10 late fee applies after this date)



Registration Form

Growing Our Futures Conference 2008

Please complete and return this registration form to Eat Well Tasmanian Kids Coalition
fax: 6223 1244, post: GPO Box 1365 Hobart 7001, or email: eat@eatwelltas.org.au

Your Name: _____

Position (if applicable): _____

Organisation (if applicable): _____

Postal Address: _____

Telephone: _____

Email Address: _____

Are you involved with the Eat Well Tasmanian Kids Coalition?

Yes No

Payment Details

Payable in advance by cheque or money order to Eat Well Tasmanian Kids Coalition: -
I have attached/sent a cheque or money order for:
(please tick appropriate box)

Registration (Register by Friday 2nd May – A \$10 late fee applies after this date)

\$60 Registration Fee
 \$40 Concession/Volunteer Registration Concession Card type: _____

Workshop preference (please number preference 1,2, 3 and 4)

- Fun physical activities for kids – Turning kids onto 'play for life'.
- Eating Well – What does it mean for a little body?
- Community Recreation Leaders Workshop
- Working with the media

Topics for facilitated discussions

What issues would you like an opportunity to discuss with other project or community workers?
(eg. Getting the community involved, promoting your program, measuring the outcomes, sustainability etc)

Special Requirements

Please inform us of any dietary or other special requirements:

Accommodation

It is recommended to book ASAP due to other events in Launceston at the same time
Website www.discovertasmania.com.au

For further information please contact Eat Well Tasmanian Kids Coalition on 6223 1266
or email: eat@eatwelltas.org.au